The Spectrum of Sociopathy in Dementia

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Although well-known from head trauma and acute strokes, sociopathic behavior from dementia is less known and understood. This study reviewed 33 dementia patients who had been in trouble with the law. They were divided into two groups: 22 who committed impulsive sociopathic acts and 11 who committed non-impulsive acts. The impulsive patients demonstrated nonviolent acts, such as disinhibited sexual behavior or pathological stealing, and had disproportionate frontal-caudate atrophy on neuroimaging. The majority of non-impulsive patients demonstrated agitation-paranoia, sometimes with reactive aggression, delusional beliefs, or aphasic paranoia, and had advanced memory and other cognitive impairment. The impulsive patients tended to have frontally predominant illnesses such as frontotemporal dementia or Huntington's disease, whereas the non-impulsive group tended to have Alzheimer's disease or prominent aphasia. Sociopathy has different causes in dementia. Two common mechanisms are disinhibition, with frontally predominant disease, and agitation-paranoia, with greater cognitive impairment. These forms of sociopathy differ significantly from the antisocial/ psychopathic personality.

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There is a relationship between criminal behavior and brain disorders. Epidemiological information indicates that as many as 94% of homicide offenders, 61% of habitually aggressive people, and 78% of sex offenders may have brain dysfunction, including acute brain injuries and dementia. Also, antisocial acts or "acquired sociopathy" can result from acute brain lesions. Ever since the famous case of Phineas Gage, who sustained bilateral ventromedial prefrontal cortex (VMPFC) injury from the explosion of a railroad spike, clinicians have associated frontal-lobe lesions with alterations in social and moral behavior. ²⁻⁴

Investigators have studied acquired sociopathy or antisocial acts from acute, focal lesions but have not clarified the nature of sociopathy from dementia. Antisocial behavior has occurred from acute injury to the VMPFC and damage to adjacent regions, including strokes, trauma, infections, and ruptured anterior commissure aneurysms. ^{5,6} Less is known about the nature and etiology of a more insidious sociopathy from dementing illnesses with gradual onset and progressive course. ^{7,8} Yet, socio-moral disturbances can result from Alzhei-

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mer's disease (AD), vascular dementia (VaD), frontotemporal dementia (FTD), Huntington's disease (HD), and other dementias. Some, but not all, of these dementias involve the VMPFC and adjacent frontal and anterior temporal regions, similar to those in acute sociopathic lesions. Others, however, may have different neuropathology and different mechanisms causing sociopathy.

Much can be learned from a comparison of sociopathy in dementia with acquired sociopathy from acute lesions and with the antisocial/psychopathic personality. First, most acquired sociopathy from acute frontal lesions appears to result from disinhibition, poor impulse control, and a tendency to react to immediate environmental stimuli. Many dementia patients, however, have sociopathy that is not primarily due to disinhibition, but due to other mechanisms. Second, the sociopathy of dementia differs from antisocial/psychopathic personality disorder. 10,11 Dementia patients do not develop antisocial/psychopathic personality traits such as manipulation, deception, grandiosity, instrumental or goal-directed aggression, and calculated moral transgressions, but may have shallow emotions, lack of empathy, lack of remorse, a poor ability to learn from punishment, and reactive aggression. 9,12 Some investigators, however, report that lesions of VMPFC and adjacent areas, if acquired early in life, can impair the development of socio-moral knowledge and judgment, similar to the impairment of psychopathic personality. 13,14 Among patients with FTD, other investigators have shown decreased emotional responsiveness to others and a tendency to respond to moral dilemmas in a calculated fashion. 7,15,16

These studies and others recommended further investigation of sociopathic behavior among dementia patients. Since sociopathy is distinctly recognized when patients get into trouble with the law, this study took legal action for sociopathic behavior as the inclusion criteria for sociopathy among dementia patients. Since impulsivity underlies most acquired sociopathy from focal frontal lesions, this study further divided these patients into impulsive versus nonimpulsive sociopathy groups. The purpose was to examine the frequency and nature of their sociopathic behavior and to contrast those with impulsive sociopathy, as in most acute-lesion patients, with others showing nonimpulsive antisocial acts, as in many individuals with psychopathic traits.

METHOD

Subjects

All study participants presented for evaluation to one of two university-affiliated specialty programs in dementing disorders. The subjects were community-based patients referred by family or other physicians for assessment of cognitive or behavioral changes. All participants had dementia, defined as the insidious onset and progression of impairments in two or more cognitive domains in the presence of a clear sensorium and sufficient to cause functional impairment. All of the dementia patients included in this study also had behavior defined as antisocial acts or events that violated socio-moral norms and did not occur during a delirium or confusional state. These sociopathic acts were sufficient to result in legal attention. The police or authorities were involved in all cases, but none resulted in adjudication or imprisonment after establishment of the patients' underlying dementia.

The participants underwent a diagnostic work-up that included neurobehavior evaluation, laboratory assessment, and neuroimaging. The clinical diagnoses were based on established clinical criteria for dementing disorders, including AD, VaD, FTD, HD, Parkinson's disease (PD), and others, and these were confirmed with laboratory tests and neuroimaging where applicable. The study excluded patients with other conditions that could otherwise account for sociopathic acts. The investigators divided the patients into an Impulsive, versus a Non-Impulsive group, based on 1) failure to resist impulses or temptations to perform both sociopathic and other acts when presented with the opportunities; 2) lack of forethought or premeditation—that is, they acted instantly, on the spur of the moment; and 3) absence of ongoing psychiatric causality, for example, paranoia, delusion, or agitation.

Procedures

On initial presentation, the patients underwent two scales of dementia severity, the Mini-Mental State Exam (MMSE) and the Clinical Dementia Rating Scale (CDR). Their caregivers were also questioned for the presence of sociopathic acts on the basis of a modification of a criterion for antisocial personality disorder, that is, "failure to conform to social norms with respect to lawful behaviors, as indicated by performing an act that brought him/her to legal attention." For the patients identified as having sociopathic behavior, med-

ical records were reviewed for evidence that they were not in a confusional state or delirium and knew what they were doing at the time of the actual events or sociopathic acts.

The dementia patients had neurobehavior measures performed in our clinic and derived from the Consortium to Establish a Registry in AD (CERAD) and the Frontal Assessment Battery.²⁰ The CERAD includes verbal fluency, the "mini-Boston Naming Test (mBNT, 15-item version), constructions (copy of a circle, rhombus, overlapping rectangles, cube, for a total potential graded score of 10), and memory tests (word-list memory for 10 words on Trials I-III, word-list recall, and a True-False memory recognition test). The CERAD memory measures were abbreviated to two scores: the Savings Score (Delayed Recall Learning/Learning Trial III as proportion of 10 words) and the accurate Yes answers minus the inaccurate Yes answers, for Recognition. The study administered eight idioms and proverbs, which were scored on the basis of sufficiently abstract (i.e., going beyond the actual words) versus concrete responses. Also, caregiver assessments were determined for the Neuropsychiatric Inventory (NPI), a measure of 12 neuropsychiatric symptoms in dementia patients.²¹

All patients had neuroimaging performed; however, these were obtained for clinical assessment, and on different scanners at different times. Patients had structural imaging with MRI or computerized tomography (CT), functional imaging with positron emission tomography (PET) or single photon emission tomography (SPECT), or both. Some of these scans were no longer available for review; hence, this study reinterpreted the varied clinical reports of all available scans specifically in terms of the presence of disproportionate regional involvement, either atrophy or hypometabolism/hypoperfusion of the frontal-caudate areas as compared with temporal and parieto-occipital areas.

RESULTS

A total of 33 patients met diagnosis for dementia; met criteria for sociopathic behavior; and had sufficient clinical, cognitive, and behavioral characterization to be included in this study. Eight of these patients are further described in this section as vignettes labeled Patients #1-#8 (see below). The 33 patients had the following diagnoses: 8, Alzheimer's disease (AD; examples:

TABLE 1. Main Sociopathic Acts Among 33 Dementia Patients

Number	Туре
7	Physical assaults
5	Unsolicited sexual approach or touching of adults
5	Theft, especially shoplifting
4	Excessively disruptive behavior
3	Indecent exposure in public
2	Assaults with a weapon due to delusional beliefs
2	Moving traffic violations, including hit-and-run accidents
1	Unsolicited sexual approach or touching of children
1	Stalking with homicidal behavior
1	Breaking and entering into others' homes
1	Destruction of others' property
1	Kidnapping her child

TABLE 2. Sociopathy Among 33 Dementia Patients: Demographic and Cognitive-Functional Characteristics, mean (standard deviation)

	Impulsive	Non-Impulsive	Analysis
Numbers	22	11	
Sex (M/F)	17/5	10/1	NS
Age, years	62.36 (6.93)	73.60 (8.92)	t=3.99, df: 31;
			p<0.001
Education, years	14.11 (2.91)	13.09 (2.30)	NS
MMSE	24.12 (4.31)	19.72 (4.25)	<i>t</i> =2.77, df: 31;
			p<0.01
CDR	1.43 (1.31)	1.82 (1.10)	NS
Neuroimaging: Greater	18 (82%)	4 (36%)	χ^2 =4.93; p<0.05
frontal-caudate than			
temporal- and			
parietoccipital-area			
changes			

MMSE: Mini-Mental State Exam; CDR: Clinical Dementia Rating

Patients #1 and #2); 7, frontotemporal dementia (FTD; Patient #3); 5, vascular dementia (VaD) or anoxic-ischemic encephalopathy (Patient #4); 4, Huntington's disease (HD; Patient #5); 4, dementia with predominant aphasia (including 2 primary progressive aphasia and 2 multi-infarct aphasia, Patient #6); 2, Parkinson's disease (PD) with dementia; 1, autoimmune encephalopathy (Patient #7); 1, brain tumor (Patient #8), and 1, normalpressure hydrocephalus (see Table 1). The cerebrovascular patients with major aphasia were categorized as "predominant aphasia," rather than VaD.

There were 22 patients in the Impulsive Group (including Patients #3, #4, #7, and #8) and 11 in the Non-Impulsive Group (including Patients #1, #2, #5, and #6). There were no statistically significant differences between the groups on sex ratio and education, but the impulsive patients were younger than the non-impulsive patients and less impaired on the MMSE scores (see Table 2). The Impulsive Group had over twice as many members with greater frontal-caudate involvement (versus temporal and parieto-occipital areas) than the Non-Impulsive Group (χ^2 =4.93; p<0.05).

There were several differences between the Impulsive and Non-Impulsive Groups on the cognitive and NPI measures. Specifically, the Non-Impulsive Group was more impaired on memory items, both delayed recall, on the basis of Savings Score, and Recognition (see Table 3). Also, an analysis of their constructional ability showed significantly worse three-dimensional constructions among Non-Impulsive than Impulsive patients and a non-significant trend toward lower lan-

TABLE 3. Sociopathy Among 33 Dementia Patients: Behavioral Variables, mean (standard deviation)

	Impulsive (N=22)	Non-Impulsive (N=11)	Analysis
Verbal Digit Span	6.14 (1.08)	5.91 (0.67)	NS
Verbal Fluency: "Animals"	11.14 (3.52)	8.01 (4.11)	NS
Verbal Fluency: "F words"	7.86 (3.23)	10.0 (3.32)	NS
Mini-Boston Naming Test	12.64 (1.94)	10.36 (2.91)	NS
CERAD Savings Score	6.86 (1.85)	4.55 (1.51)	t=3.58; df: 31; $p=0.001$
CERAD Recognition	7.64 (1.36)	5.55 (1.97)	t=3.57; df: 31; p=0.001
Constructions Score	8.68 (1.36)	6.64 (1.29)	t=4.13; df: 31; p=0.001
Similarities/Proverbs	5.35 (1.18)	5.27 (1.49)	NS NS

CERAD: Consortium to Establish a Registry in Alzheimer's Disease; Savings Score: Delayed Recall Learning/Learning Trial III as proportion of 10 words; Recognition score: true positives minus false positions on Yes–No recognition.

In order to adjust for multiple comparisons, the significance level was set at p<0.00625 per Bonferroni correction. There was a trend toward significance for Verbal Fluency for Animals (t=2.28; df: 31; p=0.03) and for the Mini-Boston Naming Test (t=2.69; df: 31; p=0.01).

guage scores. On the NPI, the Impulsive patients had predictably worse scores on impulsivity as reflected in the "Disinhibition" subscale (see Table 4). In contrast, the Non-Impulsive patients had worse scores on delusions and agitation/aggression and a non-significant trend toward worse scores on depression, anxiety, and irritability/lability. What follows are eight examples of illustrative cases:

Patient #1

A 76-year-old man with a 5-year history of dementia was detained after he attempted to choke his hired caregiver. The patient had periods of agitation and aggression with minimal provocation, primarily directed at caregivers who attempted to assist him. When questioned about his actions, he expressed suspiciousness at their intentions. There were no other behaviors characterized as disinhibited or reflecting poor impulse-control. He had an extensive evaluation consistent with the diagnosis of AD. His examination showed an MMSE of 18 and marked memory impairment, with inability to recall any of 10 words after a brief delay. He had decreased verbal fluency and significant impairments on the mini-BNT in confrontational naming and verbal expression as well as on visuospatial constructions, including a clock-drawing task. His neurological examination was unremarkable, but MRI of the brain showed generalized atrophy, with disproportionate atrophic changes of the hippocampi on coronal views.

Patient #2

A 78-year-old man brandished weapons at others because he falsely believed that they were stealing from

TABLE 4. Neuropsychiatric Inventory Among 33 Dementia Patients: Number of Patients, (%) [Symptom Severity Scores {SD}]

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	Impulsive (N=22)	Non-Impulsive (N=11)	Analysis ^a
Delusions	0 (no severity score)	9 (81.8%) [2.67 {0.5}]	20.8; df: 1; p<0.001
Hallucinations	0 (no severity score)	1 (9%) [2 {0}]	NS
Agitation/Aggression	1 (4.5%) 2 [0]	8 (72.7%) [2.63 {0.52}]	13.92; df: 1; p<0.001; 5.78;
0 100	, , , , ,	, , , , , , , , , , , , , , , , , , , ,	df: 31; p<0.001
Depression/Dysphoria	0 (no severity score)	4 (36.4%) [2.63 {0.52}]	NS
Anxiety	2 (9%) [2.0 {1.41}]	5 (45.5%) [2.2 {0.84}]	NS
Elation/Euphoria	8 (36.4%) [2.0 {0.76}]	0 (no severity score)	NS
Apathy/Indifference	11 (50%) [2.45 {0.69}]	7 (63.6%) [2.14 {0.69}]	NS
Disinhibition	22 (100%) [2.5 {0.74}]	3 (27.3%) [1.33 {0.58}]	17.35; df: 1; p<0.001; 4.58;
	, , , , , , , , , , , , , , , , , , , ,	, , , , , , , , , , , , , , , , , , , ,	df: 31; p<0.001
Irritability/Lability	7 (31.8%) [2.0 {0.82}]	9 (81.8%) [2.3 {0.53}]	NS
Motor disturbance	10 (45.5%) [2.4 {0.7}]	3 (27.3%) [1.67 {0.58}]	NS
Nighttime behaviors	8 (36.4%) [1.75 {0.71}]	4 (36.4%) [2.5 {0.58}]	NS
Appetite and eating	9 (40.9%) [2.44 (0.73)]	4 (36.4%) [2.0 (0.82)]	NS

^aIn order to adjust for multiple comparisons, the significance level was set at p < 0.00417, per Bonferroni correction. There was a trend toward significance for depression (6.01; df: 1; p = 0.014); anxiety (3.83; df: 1; p = 0.03), and irritability/lability (5.48; df: 1; p = 0.019).

him. He had had a progressive decline in memory, other cognitive abilities, and instrumental activities of daily living, and was diagnosed with AD. More recently, he had developed the delusion that intruders were entering his house to steal from him. The patient repeatedly checked his belongings and his locks and doors and remained vigilant for strangers and intruders. While attempting to protect his belongings, he threatened to assault others with a bat, which resulted in legal action. He did not manifest impulsive behaviors. On mental status assessment, the patient had significant impairments in memory, with inability to recall any of 10 words at 15 minutes, and language, with inability to comprehend multi-step commands. The patient had additional deficits in visuospatial skills and executive abilities. His examination was otherwise normal, and his neuroimaging results were unremarkable.

Patient #3

A 57-year-old woman presented with an 18-month progressive personality change accompanied by petty theft. Whenever she was in a store, she would take things and walk out with them on the spur of the moment and without premeditation or concern for resulting legal action. She could describe her stealing in detail and endorsed that it was wrong but had become extremely disinhibited, with poor impulse-control. For example, she could not keep herself from approaching strangers and making personal comments. She had also developed compulsive behaviors, an addiction to ice cream, and decreased self-care. Family history was positive for early-onset dementia and motor-neuron disease. On examination, she had decreased confrontational naming, a memory-retrieval deficit, and decreased insight into her behavioral changes, but relatively preserved visuospatial skills. Her neurological examination and MRI of the brain were unremarkable, but SPECT imaging showed hypoperfusion in both anterior temporal lobes, more right than left. The patient was diagnosed with FTD.

Patient #4

An 80-year-old man sustained a hypoxic episode, resulting in cognitive and behavioral changes. He was in his usual state of health when he developed a cardiac arrhythmia and sustained anoxic encephalopathy as well as ischemic white-matter disease. On recovery, he continued to have multiple cognitive deficits. He also went from being a reserved person to being quite dis-

inhibited. He displayed decreased impulse-control, with verbal outbursts and sexually inappropriate behavior. Whenever the opportunity arose, he would sexually grab and fondle both men and women, which resulted in several legal complaints against him. He was also disinhibited in his verbal comments and toileting behavior. Neurobehavioral and neurological evaluations revealed memory and frontal-executive deficits and frontal grasp reflexes. His MRI showed moderately-severe white-matter changes, and his PET scan showed hypometabolism more prominent in bilateral superior temporal gyrus and also in frontal regions. His cognitive and behavioral difficulties continued on follow-up over the next 2 years.

Patient #5

A 48-year-old man with a 3-year history of HD was served with a restraining order because of homicidal threats directed at his ex-wife. He stalked her, had violent outbursts directed at her, and threatened to kill her. He gave no explanation for his threatening behavior, and had little insight into his behavior, even denying having HD. In the past, he had also threatened to kill himself. His threatening behavior toward his exwife was not impulsive, but planned and premeditated. His family history included HD in one brother, his mother, and a maternal uncle. A genetic evaluation disclosed an allele with 47 cytosine-adenine-guanine (CAG) repeats (normal: 26 or fewer). His examination showed impairments in attention, memory, verbal fluency, and executive abilities. He showed facial grimacing and choreiform movements of his tongue and proximal upper extremities, with an abnormal gait. His CT scan of the head showed mild cortical atrophy, especially involving the caudate nuclei, and PET scan showed hypometabolism of the caudate and putamen bilaterally.

Patient #6

A 63-year-old man had Wernicke's aphasia as a result of strokes. He showed deteriorating behavior, with increased agitation and paranoia. On several occasions, he got into trouble for attempting to punch or choke family members or others. His wife reported that he had become suspicious of others, that his language made no sense, and that his comprehension was extremely impaired. His agitation and suspiciousness were ongoing, and his aggressive behavior predictable and not impulsive in the opportunistic sense. His med-

ical history included coronary artery disease, with ventricular and atrial arrhythmias, angioplasty and stent placement, and pacemaker placement. On mental status evaluation, he was irritable and appeared paranoid. His speech was fluent but with paraphrasic errors and severe impairments in comprehension, repetition, and naming. Other cognitive deficits were evident in memory and visuospatial skills. His neurological and MRI examinations were consistent with multiple strokes, probably embolic, and a PET scan showed areas of hypometabolism including the left subfrontal region.

Patient #7

A 47-year-old man had a 2-year course of a subacute dementia. His problems began with a low-grade fever and drowsiness, followed by progressive personality changes and cognitive dysfunction, including memory and facial identification. He became disinhibited, with poor impulse-control over a background of apathy. He got into trouble for disruptive behavior in public. He would walk up to strangers, standing very close to them, and tell them about his sex life. He could not keep himself from making inappropriate comments or inappropriately touching others. His examination showed executive dysfunction, including frequent perseverations and stimulus-bound responses and anosmia. An MRI revealed bilateral mesiotemporal hyperintensities, but PET scans were normal. Electroencephalograms showed bifrontal slow waves. CSF and laboratory studies for paraneoplastic, infectious, or autoimmune causes were negative. He did not improve on intravenous steroid therapy and eventually died. Autopsy suggested an autoimmune limbic encephalitis.

Patient #8

A 56-year-old businessman was accused of taking money without delivering on his product. His wife noted an insidious and progressive change in his personality, with poor decision-making in his business and uncharacteristic sexual promiscuity, with many recent affairs. At one point, he was accused of indecent exposure. He was eventually hospitalized after an incident where, while waiting in a public line, he defecated in his pants but continued waiting as if nothing had happened. On admission, the patient was alert and attentive, but had decreased spontaneous verbal and motor behavior and poor impulse-control. Mental status assessment was consistent with impairments in memory, language, and executive functions. Although his neuro-

logical examination was unremarkable, multiple neuroimaging procedures revealed the presence of an infiltrating, low-grade "butterfly" glioma of the frontal lobes that crossed the corpus callosum. The tumor had spared the primary motor and sensory regions of the brain.

DISCUSSION

These patients illustrated the occurrence of sociopathy as a manifestation of dementia. This initial attempt at characterizing the nature and causes of sociopathic behavior among dementia patients showed that some patients committed sociopathic acts because of disinhibition, and others had sociopathic behavior associated with agitation-paranoia, rather than primarily from poor impulse-control. Only this later group manifested violence as a part of their behavior. The clinical evaluations further indicated that the Impulsive group had frontally predominant dementias, whereas the Non-Impulsive group was more cognitively impaired, particularly in memory and visuo-spatial constructions.

Dementia patients with sociopathy may be compared with "acquired sociopathy" from focal brain damage such as strokes and head injury. 22,23 Patients with acute lesions in the VMPFC and adjacent regions commit antisocial acts, have impaired moral judgment and empathy, and are emotionally shallow, with autonomic hyporesponsivity. 22,24-30 If the VMPFC lesions are acquired early in life, patients may have impaired development of moral decisionmaking. 13,14,31 When frontal lobe-injured patients commit antisocial acts, they are mostly disinhibited; that is, they are impulsively reactive to environmental stimuli, with decreased concern for the consequences of their behavior. 9,32 Also, damage to adjacent OFC regions of prefrontal cortex impairs automatic feedback from social cues, particularly angry or aversive expressions, and the control of impulsive responses. 9,13,23,33-37 In sum, frontally-impaired patients commit impulsive acts without emotion or concern for the consequences. Similar to these acute frontal-lesioned patients, many dementia patients with frontal-predominant disease commit disinhibited antisocial acts without premeditation or foresight.

Dementia patients with sociopathy may be further

contrasted with patients who have antisocial/psychopathic personality. 10 Psychopathic personality traits include self-centered arrogance, callousness, the tendency to manipulate others, irresponsibility and dishonesty, sensation-seeking behavior, and instrumental or goaldirected aggression. 10,36 Psychopathic patients do not care about the consequences of moral dilemmas, 38-40 and they have reduced autonomic responses to the distress of others. 28,41,42 There is mounting evidence for an inherited propensity for psychopathic personality traits such as poor fear-conditioning and for frontotemporal changes on neuroimaging. 38,40,43-46 Moreover, psychopathic personality traits are correlated with decreased gray-matter volumes in frontopolar and orbitofrontal regions of the prefrontal cortex. 12,42,47-53 Among psychopathic patients, defective moral socialization occurs from early involvement of an extended frontotemporal network that includes deficits in orbitofrontal functions, such as impaired response-reversal learning, and in amygdalar functions, such as aversive or fear-conditioning. 12,40,47,50,53–58 Both dementia patients and acute frontal-lesioned patients differ markedly from psychopathic patients in the lack of early involvement of this extended frontotemporal network and the absence of personality traits such as grandiosity, deliberate deceitfulness, manipulativeness, instrumental aggression, or the constant craving for stimulation.^{8,36,59}

The patients in this study indicate that, in dementia, sociopathic behavior results from at least two broad mechanisms: frontal disinhibition and agitation-paranoia. Dementia patients with frontal predominance often react impulsively to tempting environmental situations involving sexual or other objects of interest, without concern for the consequences. Sexual disinhibition in dementia may range from prolonged staring at someone to sexual assault and pedophilia, acts that are usually not aggressive or premeditated. 60 Pathological stealing in dementia resembles kleptomania, an impulse-control disorder resulting in stealing of unneeded items, but differs by an absence of increasing tension before the act and release of tension after the act. Sexual behavior, pathological stealing, and other disinhibited behaviors may occur in dementia syndromes with disproportionate frontal disturbance such as FTD, VaD, HD, normal-pressure hydrocephalus, and neurosyphilis. For example, sociopathic behavior occurs in more than half of patients with FTD.⁷ These patients are aware of their behavior, know that it is wrong, but cannot prevent themselves from acting impulsively and are impaired on tests of motor inhibition.⁷ Other contributing factors in FTD may include impairments in empathy, theory of mind, and the appreciation of moral transgressions and social concepts.^{61–64}

Perhaps the commonest sociopathic acts in dementia are physical assaults. Among the patients in this study, physical assaults were correlated not with disinhibition but with paranoia-agitation, sometimes with misperceptions and sometimes with frank delusions. Patients with memory deficits or language deficits may severely misinterpret experiences or communications. This can lead to paranoia or suspiciousness and consequent reactive aggression. This can occur with the "paramnestic" delusions of AD, such as the delusions of theft or "phantom boarder," and in the neuropsychiatric syndrome of Wernicke's aphasia.65 Moreover, aggressive behavior is prominent among patients with bilateral lesions or atrophy of the amygdalae from temporal lobe epilepsy or encephalitic conditions. 66,67 This suggests that temporolimbic involvement with emotional, memory, or language-comprehension difficulty in association with poor frontal monitoring of their behavioral may facilitate paranoia-agitation and reactive aggression in dementia.68

There are potential limitations of this study. First, this is a retrospective investigation reliant on clinical testing. This methodology, however, allows an evaluation of significant numbers of dementia patients with sociopathy, with sufficient behavioral, cognitive, and neuroimaging information for characterization. Significant findings emerge when the patients are divided into Impulsive versus Non-Impulsive groups. Second, many dementia patients have disruptive behavior that is not necessarily termed sociopathic. In this study, the requirement for some form of "legal action" validates the "sociopathy" consequence of their behaviors. Finally, the MRI analysis is not quantitative because of the need to include different scans from different scanners. Nevertheless, this initial imaging data can provide a foundation for future work with more quantitative neuroimaging techniques. Moreover, using the clinical evaluations, it is clear that frontal-caudate involvement is more common in the Impulsive patients than in those in the Non-Impulsive group.

In conclusion, sociopathic acts among dementia patients occur for different reasons. Some result from behavioral disinhibition, especially among those with frontal involvement such as FTD, VaD, and HD. Others have paranoia-agitation with possible delusions, especially among those with temporal-limbic changes from AD. Much more work is needed in order to elucidate the nature of sociopathic behavior among patients with dementia. This study and the proposed classification

are but a first step, but they should help define research directions in a prospective investigation. Also, the clarification of management choices for sociopathy in dementia is a critical area that requires further dedicated research.

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